Name:_______________________Phone or email:_______________________

HYGGE
TIC-TAC-TOE
(Pronounced “hoo-ga,” this Danish concept cannot be translated to one single word but encompasses a feeling of cozy contentment and well-being through enjoying the simple things in life.)

Turn in as many completed TIC-TAC-TOE sheets as you like but you may only win once. We will be doing a drawing every Friday in February for a Hygge Basket. “X” out three in a row either across, down or diagonally for a Tic-Tac-Toe. Prizes sponsored by the Friends of the Library.

<table>
<thead>
<tr>
<th>READ BY THE FIRE</th>
<th>READ TO A CHILD</th>
<th>RECOMMEND A BOOK TO A FRIEND OR STRANGER</th>
</tr>
</thead>
<tbody>
<tr>
<td>READ WITH YOUR FAVORITE HOT BEVERAGE</td>
<td>READ A BOOK YOU’VE BEEN MEANING TO READ</td>
<td>BAKE SOMETHING THEN EAT IT WHILE YOU READ</td>
</tr>
<tr>
<td>READ SNUGGLED UP WITH YOUR PET</td>
<td>HAVE A HOBBY NIGHT</td>
<td>READ IN BED</td>
</tr>
</tbody>
</table>

Brought to you by the
FRIENDS OF THE
MEREDITH LIBRARY
The Hygge Manifesto
(From *The Little Book of Hygge* by Meik Wiking)

I. **Atmosphere.** Turn down the lights
II. **Presence.** Be here now. Turn off the phone.
III. **Pleasure.** Coffee, chocolate, cookies, cakes, candy.
IV. **Equality.** “We” over “me”. Share the tasks and the air time.
V. **Gratitude.** Take it in. This might be as good as it gets.
VI. **Harmony.** It’s not a competition. We already like you.
VII. **Comfort.** Get comfy. Take a break. It’s all about relaxation.
VIII. **Truce.** No drama. Let’s discuss politics another day.
IX. **Togetherness.** Build relationships and narratives.
X. **Shelter.** This is your tribe. This is a place of peace.